

Volume 32, March-April 2020

No. 2

#### Word from the editor:

Remember that this is your newsletter. Make sure information you have that is relevant to all gets to me to be included in the newsletter.

#### Prez Sez:

I have to admit that I'm a foodie. I believe that's a relatively new term, and if you search on the Internet you can find all kinds of great groups to join. It may be because my mother was such a good cook. She had a knack for picking recipes that she somehow knew we would all like. Maybe it was the ingredients list. I'd say she had a 95% success rate.

Over the years, this foodie inclination translated into a love of eating out and cooking for me. Did you know that Birmingham is actually well-known as a foodie destination? I think a lot of this started back in the early 80s. Chef Frank Stitt opened Highland Bar and Grill in 1982. He is from my hometown, Cullman, Alabama. His interest in food started while attending college in California. He worked his way into the kitchen at the famous Chez Panisse restaurant outside San Francisco. He then went to France where he got inspiration for the creative dishes he is now famous for, combining traditional southern ingredients with French cooking techniques; and some would say, revolutionizing the culinary scene in Birmingham. When I started as a co-op with Southern Company Services back in 1982, I lived in an apartment on Highland Avenue about a block and a half from Highlands Bar and Grill. I visited the restaurant several times in those early days and was very impressed. In 2018 Highland's won the James Beard "Outstanding Restaurant" award. To get a reservation there, even now, you must start 30 days in advance.

In all my travels with work over the years, I made it a point to eat at restaurants that were not available in Birmingham. I remember driving to a drill in Atlanta one evening with Steve Bethay and was appalled that he wanted to eat fast food for dinner. I made him go with me to Mick's downtown Atlanta where he got the excellent meatloaf. A couple years ago, I came across an article in the Birmingham News. It was titled "50 Essential Restaurants in Birmingham". The criteria they used included longevity, so many of the restaurants have been in business for years. I thought, surely I've been to all of these, but when I looked, I had only visited fewer than half. I made myself a spreadsheet with a place for star ratings and comments. I made it a mission to try to go to all of them in the next few years. So far I have visited 26.

The other thing that this foodie fun hobby of mine contributes to is my love of cooking. I have lots of favorites. Many of them were from mom's experimental recipes that turned out to be repeats year after year. I have a few in her handwriting. In my travels described in the last newsletter, I have run across a couple of really great recipes. My latest favorites are jam and preserves from Bed & Breakfasts where I stayed in Wales and Scotland.

Want to keep up with what's happening? Got a computer? Visit the SCS Retiree Website <a href="http://www.scsretirees.com">http://www.scsretirees.com</a>

The B&B proprietors made their homemade treats for breakfast. The first favorite was Lemon Curd from Mary Morrow in LLanwrst Wales. I tell my friends it is an ancient recipe that just happens to use a microwave. My second favorite is the recipe for orange ginger marmalade that I got from Ingrid on the Isle of Skye, Scotland. When I came back home from the trip I went to the store and tried to find these favorites on the shelf. I found several examples of the lemon curd (of course it wasn't nearly as good as homemade), but I never could find orange ginger marmalade. My only success finding it in the States was the gift shop at the only tea plantation in North America just outside of Charleston. So, I emailed Ingrid for the recipe, and I haven't been without a batch in the cupboard since. After a few experimental tries, I found I like to use Cara Cara oranges which are available around Christmas time and through the new year. This year, I've made 5 batches since Christmas. If you're a foodie too or you're interested, in general, in my recipes I'll be glad to share.

Also, here's the link to the 50 essential restaurants in Birmingham:

https://www.al.com/entertainment/2016/10/50\_ess ential\_birmingham\_restau.html

and, if you want my spreadsheet so that you can keep track of your visits, send me an email to <a href="mailto:deanna.l.mccombs@gmail.com">deanna.l.mccombs@gmail.com</a> and I'll forward it to you.

Bon appétit.

Deanna



#### March-April SCS/SNC MEMBERS' BIRTHDAY LIST

#### March Birthdays:

- 1 Pam Carr
- 1 Edwin Polke, Jr.
- 1 Kevin Clay Riley
- 2 George McCoy
- 3 David Busby
- 3 Pat Goodman
- 4 John Jansen
- 4 Rita Townsend
- 4 Rusty Williams

#### March B'days (Cont'd)

- 6 Kenneth Horton
- 7 Christopher E. Boone
- 7 Sidney Lamar Brumfield
- 7 Linda Katz
- 7 Clara Pierce Posey
- 10 Diane Long
- 11 Mary Sue Thornburgh
- 11 Karen Tucker
- 12 Harry Durden, Jr.

#### March B'days (Cont'd)

- 12 Billy Goforth, Jr.
- 12 James Robert Schauer
- 12 Sid Varagona
- 13 Jackie Crawley
- 14 Shellie Fred Hollis, Jr.
- 15 Phillip McCullough
- 16 Barbara Cole
- 16 Robert Conry
- 16 Martha Cook
- 17 SueAnn Oaks
- 18 Robert Bruce Hinshaw
- 19 Pat Bowman
- 19 Anthony W. Hankins
- 19 Terry W. Kelley
- 20 Ronnie Antone
- 21 Louise Austin
- 21 Perry W. Griffin
- 21 Rosalyn Kennedy
- 21 Robert M. Moore
- 22 William O. Ball
- 23 Peggy Burdeshaw
- 23 Anne Campbell
- 23 Lionel Copeland
- 23 George Muse
- 24 Daniel Blackwood
- 24 John Horn
- 25 Thomas Langford
- 26 Roger Golden
- 27 Florence Stewart
- 27 Sue E. Summers
- 28 Mark D. Smith
- 29 Amy Houston
- 29 Barbara Jones
- 30 Steve Logan
- 31 David Maxwell
- 31 Shannon Sampson

#### **April Birthdays:**

- 1 Charles Michael Jackson
- 3 Mike McLeod
- 3 Richard Mealins
- 3 William Porteous, Jr.
- 3 Ken Turner
- 4 Vicky Garner
- 5 Ramachandra Reddy
- 7 Shirley Dickson
- 7 Terry Patko
- 8 Michael Broadway
- 8 Paul Cone

#### April B'days (Cont'd)

- 8 Jan Dyle
- 8 Ken Kopecky
- 8 Stokely Morgan
- 10 David R. Dotson
- 10 Keith Legg
- 10 Tony Koski
- 10 Kimberly G. Matthews
- 10 Devida Moore
- 11 Nancy Carr
- 11 Henry Garrett
- 12 John McCoy III
- 12 Al Nebrig, Jr.
- 12 Al Nebrig, Ji
- 13 Carl Watts
- 16 Paul Miller
- 18 Holly Doyal
- 19 Dennis Jones
- 19 Brenda Kyle
- 21 Nancy Jennings
- 21 Judy Sanford
- 22 Scott A. Fallon
- 22 Lou Ann Kaster
- 22 Deborah Riley
- 27 James Baldone
- 27 Robin Miner
- 28 Ronald Bush
- 28 Ken Mooney
- 28 Robert Stewart
- 29 Judith Heatherly
- 30 Joyce Ehrensperger
- 30 Deanna Fields
- 30 Bill Garner
- 30 Gregory Heck
- 30 Patricia Jarrel

#### **OBITUARIES**

Elmer B. Harris (APC/GPC), 80, passed away on December 23, 2019. He was preceded in death by his parents, Lera Mae Mitchell and Alton C. Harris. Mr. Harris is survived by his wife of 57 years, Glenda Steele Harris; daughter, Lori Elmore (David); son, Tommy Harris (Suzanne); grandchildren, Carlyn Tyree (Brent), Harrison King, Sarah King, Connor King, Ashley Meinhardt (Daniel), Austin Harris, Houston Elmore, and Cade Elmore; one great-grandson, John Thomas Tyree; two brothers, Curtis Harris of Roswell, Georgia, and James R. Harris (Ethamae) of Denver, Colorado; and a special group of nieces and nephews.

## IT'S TIME TO SPRING FORWARD!!



Set your clocks ahead one hour when you go to bed on March 7. Daylight Savings Time begins on **March** 

And speaking of Daylight Savings Time, below are some interesting facts about DST:

## 1. OFFICIAL CREDIT FOR THE DAYLIGHT SAVING TIME IDEA GOES TO A BUG COLLECTOR.

The first serious case for DST came from a peculiar place. While working at a post office by day, an entomologist who did most of his bug hunting at night soon became frustrated by how early the sun set during the summer months. He reasoned that springing the clocks forward would allow more daylight for bug collecting—along with other evening activities. The clocks could be switched back in the winter when people (and bugs) were less likely to be found outdoors. When the idea was proposed to a scientific society in New Zealand in 1895 it was panned for being pointless and overly complicated. Just two decades later, Daylight Saving Time would begin its spread across the developed world.

## 2. WORLD WAR I PUSHED DAYLIGHT SAVING TIME INTO LAW.

In 1916, Germany became the first country to officially adopt Daylight Saving Time. It was born out of an effort to conserve coal during World War I and Britain, along with many other European nations, was quick to follow the Germans' lead. It wasn't until 1918 that the time change spread to the U.S. A year after entering the war, America began practicing DST as an electricity-saving measure. Most countries, including the U.S., ceased official observation of the switch following wartime.

#### **Daylight Savings Time (Cont'd)**

## 3. DAYLIGHT SAVING TIME GAINED RENEWED POPULARITY DURING THE ENERGY CRISIS.

The U.S. reconsidered DST in the 1970s, when, once again, the argument pivoted back to energy conservation. The oil embargo of 1973 had kicked off a nation-wide energy crisis and the government was looking for ways to reduce public consumption. DST was imposed in the beginning of 1974 to save energy in the winter months. Not everyone was enthusiastic about the change: Some of the harshest critics were parents suddenly forced to send their children to school before sunrise.

## 4. DAYLIGHT SAVING TIME MAY ACTUALLY BE AN ENERGY WASTER.

Despite DST's origins as an energy-saving strategy, research suggests it might actually be hurting the cause. One 2008 study conducted in Indiana found that the statewide implementation of DST two years earlier had boosted overall energy consumption by 1 percent. While it's true that changing the clocks can save residents money on lighting, the cost of heating and air conditioning tends to go up. That extra hour of daylight is only beneficial when people are willing to go outside to enjoy it.

## 5. DAYLIGHT SAVING TIME IS NOT OBSERVED NATIONWIDE.

DST has been widely accepted across the country, but it's still not mandated by federal law. U.S. residents resistant to springing forward and falling back each year might consider moving to Arizona. The state isn't exactly desperate for extra sunlight, so every spring they skip the time jump. This leaves the Navajo Nation, which does observe the change, in a peculiar situation. The reservation is fully located within Arizona, and the smaller Hopi reservation is fully located within the Navaio Nation. The Hopi ignore DST like the rest of Arizona, making the Navajo Nation a Daylight Saving donut of sorts, suspended one hour in the future for half the year.

#### **Daylight Savings Time (Cont'd)**

## 6. DAYLIGHT SAVING TIME IS ALSO A HEALTH HAZARD.

Even if DST was good for your energy bill, that wouldn't negate the adverse impact it can have on human health. Numerous studies show that the extra hour of sleep we lose by springing ahead can affect us in dangerous ways. An increased risk of heart attack, stroke, and susceptibility to illness have all been linked to the time change.

## 7. DAYLIGHT SAVING TIME STARTS AT 2 A.M. FOR A REASON.

Daylight Saving Time doesn't begin at the stroke of midnight like you might expect it to. Rather, the time change is delayed until most people (hopefully) aren't awake to notice it. By waiting until two in the morning to give or take an hour, the idea is that most workers with early shifts will still be in bed and most bars and restaurants will already be closed.

## 8. BUT THERE ARE SOME BENEFITS TO DAYLIGHT SAVING TIME.

Though people love to complain about it, Daylight Saving Time isn't all bad news. One notable benefit of the change is a decrease in crime. According to one study published in 2015, daily incidents of robbery dropped by seven percent following the start of DST in the spring. This number was heavily skewed by a 27 percent dip in robberies during the well-lit evening hours.

## 9. THE CANDY INDUSTRY LOBBIED FOR AN EXTENSION OF DAYLIGHT SAVING TIME.

Until recently, losing an hour of daylight in the fall presented a problem for the candy industry. That's because DST traditionally ended on the last Sunday in October, a.k.a. before Halloween night. Intense lobbying to push back the date went on for decades. According to one report, candy lobbyists even went so far as to place tiny candy pumpkins on the seats of everyone in the Senate in 1986. A law extending DST into November finally went into effect in 2007.

#### FROM FAMILY AND FRIENDS

"Dear SCS Retirees: Thank you for your generous gift of \$1,000.00 to Hope Inspired Ministries. We appreciate the trust you have shown in us through this donation. Frankly, we could not do what we do without donors such as you.

We, and those we serve, deeply appreciate your generosity!

Sincerely,
Jo Ann Johnson,
Interim Executive Director"

#### YOU REALLY MISSED IT...

... if you weren't at our January 13 meeting.



**Hick Irvit** 

Our meeting featured Keynote Speaker, Nick Irvin, Director of Research and Development Strategy, Advanced Nuclear, and Crosscutting Technology at Southern Company. Mr. Irvin spoke on "Technology Development at Southern Company Research and Development".

#### You Really Missed It ... (Cont'd)

#### **AND**



Jeanne Rogers Wamack

Our Retiree Lifestyle Segment featured Jeanne Rogers Wamack of the Birmingham Duplicate Bridge Club. Jeanne gave a brief talk about bridge and was available following the meeting to talk with anyone interested in learning this game of skill.

#### **Pictures from January 13 Meeting**



Nick Irvin

Pictures from January 13 Meeting (Cont'd)

#### Pictures from January 13 Meeting (Cont'd)



Nick Irvin

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Deanna McCombs

#### Pictures from January 13 Meeting (Cont'd)



Retirees John Garlington, Jimmy Paul Cash, Dennis Rickertsen and Dwight Hostetter, with speaker Nick Irvin



January's Retirement Lifestyle speaker Jeanne Wamack making bridge lessons fun!



## MARK YOUR CALENDAR!

#### **March Retiree Meeting**

#### **Meeting Details**

Date: Monday, March 9, 2020

Where: SCS/SNC Offices at the Colonnade

3535 Colonnade Parkway South Tower Auditorium 1:00 p.m. – 2:00 p.m.

#### **Program:**

Time:

- Retiree Lifestyle Speaker- Deanna Pack, Alabama Senior Olympics
- Keynote Speaker- Steve Spencer, President, Economic Development Partnership of Alabama

The <u>South Tower</u>, <u>Auditorium</u> is located on the same floor as the South Tower security desk. The cafeteria is on the floor above the auditorium and will require escorting. <u>Please allow ample time to find parking and sign in at the South Tower</u>. The Alabama Power Company (APCO) Credit Union is on the first floor of the North Tower.

#### March Retiree Meeting (Cont'd)

#### **Keynote Speaker:**



steve spencer

Steve Spencer, President of the Economic Development Partnership of Alabama, and retired executive VP of Alabama Power, will share what's happening with recruitment efforts to bring new business to our state and increase job growth.

Steve is the president of the Economic Development Partnership of Alabama (EDPA); a 25-year-old private, non-profit organization funded by more than 60 Alabama companies. EDPA's mission is to attract, retain and grow jobs in Alabama. EDPA provides support to The Alabama Department of Commerce and many other economic development organizations across the state in their efforts to recruit business to Alabama. EDPA maintains the databases used by those economic developers, both public and private. EDPA is a leader in innovation through its Alabama Launchpad program, which encourages and facilitates new businesses to "start, stay and grow" in Alabama.

Spencer joined EDPA in April 2016 after a 38-year career with Alabama Power Company, where he most recently served as executive vice president and was responsible for all operations including economic development that touch Alabama Power's 1.4 million customers.

Spencer is a graduate of Woodlawn High School in Birmingham. He has a bachelor's degree in

#### **Keynote Speaker (Cont'd)**

Psychology from Auburn University and completed the Executive Finance and Accounting Program at the Wharton School, University of Pennsylvania. He also received an honorary doctorate of humane letters from Miles College.

Spencer serves as a board member of several organizations, including Woodlawn Foundation, Birmingham Business Alliance, Auburn University Foundation Board of Directors, and Auburn University Research and Technology Foundation. He and his wife, Lynne, live in Birmingham and are the parents of son Dylan (daughter-in-law Sarah) and daughter Emily.

Steve is a lively and entertaining speaker and is sure to have great stories as well as the latest information!

#### **RETIREE LIFESTYLE SEGMENT:**



Deanna Pack

Our Retiree Lifestyle speaker will feature Deanna Pack, State Coordinator for the Alabama Senior Olympics. She will give a brief overview of this group and will be available before and after the meeting to talk individually.

Deanna is a graduate of the University of Montevallo with a degree in Kinesiology with a Teacher Certification. She currently works for the Governor's Commission on Physical Fitness and Sports as the Program Coordinator. She also serves as the State Coordinator for the Alabama Senior Olympics.

#### Retiree Lifestyle Segment (Cont'd):

Just imagine yourself, standing as an Olympic medal is hung around your neck to cheers of the crowd. Your hard work and perseverance have paid off! But the journey is even more important, the hours you practiced with other like-minded athletes, the friends you made along the way.

Sound farfetched? As a retiree, did you think the days of athletic glory have passed you by? Are you interested in joining other seniors to provide an incentive to step up your level of physical activity and have fun? Do you want to receive a cool athletic jersey to compete in?

Even if you were not particularly athletic back in your younger years, the Alabama Senior Olympics offers a great opportunity to participate in competition and enjoy one or more of the 20 sports offered. Even if you have to LEARN a sport to compete (one athlete took archery lessons for the first time at Hoover Rec in order to compete - she won a medal!), you have a great opportunity with Alabama Senior Olympics this spring/summer.

The 2020 Alabama Senior Olympics, held every other year, is a qualifier for the 2021 National Senior Games to be held in Ft Lauderdale, FL November 5-18, 2021. Some athletes do enter to "go for the gold" but for most Alabama seniors, the goal is to enjoy the social side of the games and improve in skill.

How is it even possible for seniors to compete? In the Alabama Senior Olympics, you compete in age divisions divided into 5-year age brackets: 50-54, 55-59, 60-64, etc., with categories for men, women, mixed depending on the sport. Bowling, cornhole, and shuffleboard also have a non-ambulatory division. Some sports are more competitive than others. Some sports have skill-based divisions. Athletes in their 90's and even 100's compete. While some states have college-level athletes, Alabama made a commitment when we hosted the national games to increase participation in ALL levels.

Retiree Amy Houston saw the inspiration of Senior Olympics firsthand when Birmingham hosted the National Senior Games in 2017. Her cousin

#### Retiree Lifestyle Segment (Cont'd):

Valerie qualified for the state of Washington in swimming and traveled cross-country to compete in her native state. They had a mini-family reunion to encourage Valerie with many family members cheering in the stands. Amy's husband even volunteered to help time the events. Valerie told Amy she became interested in competition when she noticed a woman in her 70's at her pool swimming vigorously and often. The woman explained she was training for the Senior Olympics. Intrigued, Amy's cousin became involved and competed in six events in the 60-64 age bracket, working her way up over several years to qualifying for the National Games, making friends nationwide.

The venues for each sport are in a different location across Alabama, with many of the venues right here in the Birmingham Metro area. Archery will be held at Inverness Archery Park, Bowling in Trussville SpareTime, Cornhole at Vestavia Parks and Rec, Powerwalk/Race Walk/Track at Thompson High School, Shuffleboard in Trussville Activity Center, Softball at George Ward Park, Swimming at Hoover Rec, Table Tennis at Bumper Nets at Riverchase Galleria in Hoover,

The Alabama Senior Olympics 2020 Games will be held April-June this year. Individual and team sports include archery, badminton, basketball, bowling, cornhole, cycling, golf, pickleball, powerwalk, race walk, racquetball, road race, shuffleboard, softball, swimming, table tennis, tennis, track and field, triathlon, and volleyball. See website for dates for registration and competition for each sport

https://www.alseniorolympics.org/page/2020-Games-x-8688-30-16812.html

**2020 Alabama Senior Olympics** Registration opened **February 3**, **2020**. Individual and Doubles Registration fee is \$45. This \$45 registration fee allows athletes to participate in as many sports/events as they would like except for Team Sports, provided there are no scheduling conflicts

Note: Age brackets for doubles/team events are determined by the youngest player.

#### Retiree Lifestyle Segment (Cont'd):

Participating athletes are men and women age 50 and up as of Dec. 31, competing in 20 different sports. The Alabama Senior Olympics 2020 games will be held April – June at different venues and dates for each sport.

<u>Pictures from Previous Alabama Senior</u> <u>Olympics</u>





#### <u>Pictures from Previous Alabama Senior</u> <u>Olympics</u>







## Pictures from Previous Alabama Senior Olympics





Interesting Facts
About April 1

#### **History:**

- Some historians believe the April Fools' customs began in France, although no one knows for sure.
- It may stem from a calendar change in 16th century France -- the moving of New Year's Day from April 1 to January 1 when the Gregorian calendar was adopted
- People who continued to celebrate New Year's Day on April 1st rather than the new date of January 1st were referred to as "April fools" and others played tricks on them.

#### April Fool's (Cont'd)

#### **Around the World:**

- In France, April 1st is called "Poisson d'Avril." French children fool their friends by taping a paper fish to their friends' backs. When the "young fool" discovers this trick, the prankster yells "Poisson d'Avril!"
- In Scotland, April Fools' lasts two days.
   Victims of pranks are called gowks
   (cuckoo birds). The second day is known
   as Taily Day, and pranks involving the
   backside are played. Supposedly, it is the
   origin of "kick me" signs.
- In England and Canada, pranks are only played in the morning of April 1st.

#### **Memorable Pranks:**

- Early 1950s The BBC runs a "news" item about the spaghetti harvest in Switzerland.
- 1985 Sports Illustrated runs a 14-page story by George Plimpton about a Mets pitching phenom named Sidd Finch. The reclusive, skinny Finch has a 168-mph fastball (which he credits to meditations in Tibet) and a host of quirks including carrying a French horn at all times and wearing only one hiking boot while pitching.
- 1986-present Press releases for the [non-existent] New York City <u>April Fools'</u> <u>Day Parade</u> have been issued every year since 1986.
- 1996 Taco Bell Corp. runs a full-page ad in several major newspapers claiming it has purchased the Liberty Bell and is renaming it the "Taco Liberty Bell."
- 2004 The National Public Radio show "All Things Considered" runs a story about the post offices' new "portable zip codes" program. Based on people being able to keep their phone number even if they moved, the program was designed to represent "a citizen's place in the demographic, rather than geographic.

#### April Fool's (Cont'd)

#### Memorable Pranks (Cont'd):

- 2008 The BBC runs a video clip of flying penguins as part of a story for its series "Miracles of Evolution." The presenter explains that the penguins escaped the cold, harsh Antarctic weather by flying to the tropical rainforests of South America.
- April 1, 2013 The Guardian announces the launch of its own augmented reality device, Guardian Goggles, which will "beam its journalism directly into the wearer's visual field, enabling users to see the world through the Guardian's eyes at all times."
- April 1, 2016 Google introduces "Mic Drop," a Gmail feature that enables users to send emails with an animated gif depicting a minion dropping a microphone. The prank goes awry when people accidentally click on the button and unwittingly send business emails with the whimsical animation. The feature is removed after several hours of confusion.

#### But on a more serious note....

The most important date in April 2020 is April 12.







# Laughter. Nedicine

- I hope when I inevitably choke on Gummy Bears people just say I was killed by bears and leave it at that!
- I tried donating blood again today...NEVER AGAIN. To many stupid questions like who's blood is it? Where did you get it from? Why is it in a bucket?
- Mozart killed all of his chickens because he asked them who their favorite composer was and they said "Bach Bach Bach"
- What happens if you get scared half to death twice?
- Is there EVER a day that mattresses are not on sale?
- My wife just stopped and said "you weren't even listening were you?" I thought "that's a pretty weird way to start a conversation?"
- A dog walks into a butcher shop and the butcher asks, "What do you want?" The dog points to steak in a glass case. "How many pounds?" The dog barks twice. "Anything else?" The dog points to some pork chops and barks four times. So the butcher wraps up a two-pound steak and four pork chops and places the bag in the dog's mouth. He then takes money from a purse tied around the dog's neck and sees him out.

A customer, who has been watching in amazement, follows the dog to a house several blocks away, where it rings the doorbell to be let in. As the owner appears at the door, the customer says, "What a remarkable dog!" "Remarkable?" snorts the owner. "This is the second time this week he's forgotten his keys."



## Notes from our Officers, Committee Chairs and Board Members

#### **WE WANT TO HEAR FROM YOU!!**

If you know of someone that is sick and doesn't object to their information being shared, please send an email to me at the following address so that we can send them a card and include them in our prayers.

#### socosncretirees@gmail.com.

Additionally, we love to hear good news!

Patsy Evans, Member Care

We would LOVE to hear from any of our retirees wishing to share with us how they are spending their time now that they have retired (vacations, volunteer work, family time, etc.), or any other items that they would like to share.

Please send your input to us at the following e-mail address. This newsletter is **YOUR** newsletter and we truly appreciate all contributions.

Rick and Charlotte Graham dricharlo@gmail.com

#### 2020 Leadership

**Officers** 

President: Deanna McCombs 205-915-9448 Vice-President: Dave Lisenby 334-701-4589

Treasurer: Fred Ehrensperger 205-655-2725 Secretary: Ken McElroy 205-907-6011

**Directors** 

 Tallulah DeMarco
 205-414-1790

 Charlotte Graham
 205-440-7935

 Rick Graham
 205-807-1890

 Doris Hardy
 205-426-2435

 Deborah Javorka
 205-305-9739

 Rick Rice
 205-266-6517

Teresa McCrillis (Ex-Officio) 912-293-4247

**Committee Chairs** 

Nominating:

 Arrangements :
 Sharon Venz Mary Romano
 205-482-6836

 Audit:
 Dennis Read
 205-879-6617

 Fellowship:
 Donna Johnson Yancey Trucks
 205-969-0559

 Member Care
 Patsy Evans
 205-991-7900

Member Care Patsy Evans 205-991-7900

Membership: Dora Brandt 205-956-0502

Newsletter: Charlotte & Rick Graham

Newsieller. Chanolle & Rick Granam

205-440-7935 Rick Graham 205-807-1890

Programs: Dave & Beverly Lisenby

205-701-4589

Website: Cary Campbell - 205-641-9137

E-mail socosncretirees@gmail.com

SCS/SNC RETIREES P.O. BOX 2625 BIRMINGHAM, AL 35202

#### **MEETING DETAILS:**

When: Monday, March 9, 2020

Where: SCS/SNC Offices at the Colonnade

3535 Colonnade Parkway South Tower Auditorium Birmingham, AL 35242

**Time:** 1:00 p.m.