

Volume 32, July-August 2020

No. 4

Word from the editor:

Remember that this is your newsletter. Make sure information you have that is relevant to all gets to me to be included in the newsletter.

Prez Sez:

I've written in the past about my love of travel - one of the things that motivates me to go is art. While I was still working, I took painting lessons at the Shelby County Arts Council in Columbiana. You could use any medium: oil, acrylic, or watercolor. It was on Monday evenings, and I can honestly say it was the first time I had ever looked forward to Mondays. Knowing a bit about trying to paint increased my wonder and fascination for art exponentially. Something like the "The Birth of Venus" by Botticelli, "Briar Rose" by Edward Burne-Jones, or the frescoes in the Sistine Chapel by Michelangelo draws me irresistibly. I make it a point to visit art museums all over the world as I travel.

Bringing this fascination into action for me at home, I applied for the Docent program at the Birmingham Museum of Art. I discovered the Docent opportunity through a fellow retiree. (Thank you Pam!) They have a new class about every two years, and the latest class started in September 2019. I would say the training is probably the closest you can come to getting an Art History degree without actually going

to college. Docents are basically the tour guides of the Museum. They shepherd groups of all ages and interests through the museum collections and provide information either in a general sense or based on a theme or special interests of the group. The Birmingham Museum of Art has "..... a diverse collection of more than 27,000 paintings, sculpture, prints, drawings, and decorative arts dating from ancient to modern times. The collection presents a rich panorama of cultures, featuring the Museum's extensive holdings of Asian, European, American, African, Pre-Columbian, and Native American art." (From their website: https://www.artsbma.org) Though the museum is closed due to the pandemic, they have some web based resources that help me continue to explore this interest until they reopen. and I continue to paint as well.

I hope describing my interests and activities in retirement lets you get to know me a little better. I also hope it encourages you to look for opportunities to explore your own interests and passions.

Deanna

Want to keep up with what's happening? Got a computer? Visit the SCS Retiree Website http://www.scsretirees.com



JULY-AUGUST SCS/SNC MEMBERS' BIRTHDAY LIST

July Birthdays:

- 1 Janak Doshi
- 1 Frank Jones
- 2 Sonia Garnem
- 3 Albert Burford
- 3 Kapil Desai
- 4 Mohinder Ghuman
- 4 Carolyn Muglach
- 5 James Dailey
- 5 Ann Garrett
- 5 Donna Mueller
- 5 Lisa Webb
- 6 Kathleen Rickertsen
- 8 Robin Dyle
- 9 Lee Haubein
- 9 Richard Hovey
- 9 Rhonda Powell
- 9 Marvin D. Salter
- 10 Kathleen Lontine
- 11 Dennis Madison
- 11 Joe Styslinger
- 13 Doris Hardy
- 13 Gerri Monosky
- 13 Larry Posey
- 14 Ginny Green
- 14 John Lontine
- 14 Sherry Runyans
- 14 George Russell, Jr.
- 15 Chris Anderson
- 15 Adela Green
- 15 Ellan Thigpen
- 16 Janet Self
- 18 Barry Sykes
- 20 Paula Hairston
- 20 Daniel Wise
- 21 Susan Lefoy
- 21 Dennis Runyans

July B'days (Cont'd)

- 22 Mike McKelvy
- 23 Loretta Adkins
- 23 Judy Long
- 23 Theresa Reed
- 24 David Adams
- 24 Sandra Morgan
- 25 Gerald Aultman
- 26 Mike Green
- 27 Randy Flowers
- 28 Kerry Adams
- 29 John Aufdenkampe
- 29 Ricky Cox
- 29 Roy Lyon
- 30 Pam Ely
- 30 John Garlington
- 30 Mary Koski
- 31 Annette Dean
- 31 Mary Ann Glover
- 31 Brenda Kendrick

August Birthdays:

- 1 Ruth Shepherd
- 1 Margaret Xanders
- 2 Hubert Pair
- 3 Randall Kyle
- 3 Leslie Shultz
- 4Cindy Demyan
- 4 Willard Payne
- 1 William ayınd
- 4Jerry Wilson
- 5 James W. Dailey
- 5 Sharon Mullins
- 5 Martha Pilleteri
- 6 Robert Beason
- 6 Cindy Holcomb
- 6 Judy Martin
- 6 Larry Myers



- 8 Donald East
- 9 Norman Stringfellow
- 10 Jim Gordy
- 10 Gisela Hancock
- 10 Jean Horton
- 10 Jessica McCullough
- 12 Deborah Javorka
- 12 Jim Rooker
- 12 Diana Turner
- 12 Allen White
- 13 Fouzia Ahmed
- 13 Alice Lawrence
- 13 Arthur Lawrence
- 13 Nancy Mooney
- 14 Shelia Mau
- 14 Ed Muglach
- 15 William Henry
- 16 Marian Brazzell
- 16 Margaret Carter
- 16 Harold Hall
- 17 Kitty Hester
- 17 John Naramore
- 18 David Burford
- 18 Margaret Hines
- 19 Nancy Moore
- 19 Sherry Morrow
- 19 Debbie Pike
- 20 Peggy Case
- 20 Yon S. Smith
- 20 Don Welliver
- 21 Janet Nebrig
- 22 Gina Kitchens
- 23 Jon Hornbuckle
- 23 John Pruitt, Jr.
- 24 Lana Thompson
- 24 Steve Woodfield
- 25 Lee Rayburn
- 26 Carolyn Beavers
- 26 Sharon Horn
- 26 Rebecca McKinney
- 26 Lamar Sumerlin
- 27 Paul Beavers
- 27 Jay Dorrance27 Anne Fucich
- 27 James Jarrell
- 28 Sherrell Brazzell

August B'days (Cont'd)

- 29 Paul Bizjak
- 29 Charles David Pugh
- 29 Ty Robin, Jr.
- 29 Mark Wilkinson
- 30 Mary Romano
- 31 Charles Biddy
- 31 Fran Goforth
- 31 Cynthia Wilson

OBITUARIES

Donald Lee Yessick, (SCS), age 66, of Auburn, Alabama and formerly of Birmingham, passed away on May 7, 2020. He was preceded in death by his brother, Kenneth Yessick. He is survived by his wife of 45 years, Patricia Cobb Yessick of Auburn; Michelle Yessick Crum of Auburn; grandson Henry David Crum of Auburn, and brother Tommy Yessick of Nashville, Tennessee.

Ralph D. Phillips, age 82, husband of Pat Phillips, passed away on May 22, 2020. He is preceded in death by parents, Dave Henderson Phillips and Irma Bessie Mae Linard Phillips; sisters, Helen Phillips Cauble and Barbara Phillips Higgins; brothers, Carl Phillips and Howard Phillips. He is survived by his wife, Patricia Phillips; sons, Ralph Eugene Phillips, David Phillips (Julie), Jim Phillips (Panita), Patrick Kelly Phillips; daughter, Wanda Phillips Manning (Samuel); sister, Carolyn Phillips Godwin; grandchildren, Kymberlie Manning Tyson (Adam), Julie Manning, Melanie Manning, Austin Phillips (Ashli), April Phillips, Jamie Phillips, Cameron Phillips, Caleb Phillips, Charlotte Phillips, Ashley Hewitt, Stephanie Phillips; great- grandchildren, Cole Adams, Haven Adams, Ella Tyson, Cambrie Tyson, Brennen Tyson, Kai Phillips, Kora Phillips, Sophia Truvillo, Brianna Montoya, Aleah Montoya; 7 nieces; 15 nephews and many cousins and inlaws.

.....IMPORTANT ANNOUNCEMENT......

Unfortunately, we are having to cancel our luncheon scheduled at The Club on July 13, 2020. The Club is still closed due to COVID-19 and, as yet, they do not have a proposed opening date. We really miss seeing everyone and look forward to seeing you at our next meeting scheduled for Monday, September 14, 2020 (see next page for details).

MARK YOUR CALENDAR!



Date: Monday, September 14, 2020

Where: SCS/SNC Offices at the Colonnade

3535 Colonnade Parkway South Tower Auditorium

Time: 1:00 p.m. – 2:00 p.m.

Program:

- Retiree Lifestyle Speaker Frances McGowan, MA, Founder and Executive Director of Service Dogs Alabama
- Keynote Speaker- George Marling, Sr. Consultant, Southern Company Benefits

The <u>South Tower</u>, <u>Auditorium</u> is located on the same floor as the South Tower security desk. The cafeteria is on the floor above the auditorium and will require escorting. <u>Please allow ample time to find parking and sign in at the South Tower</u>. The Alabama Power Company (APCO) Credit Union is on the first floor of the North Tower.



Featured Speaker, George Marling,

ccurrently works in Southern
Company Benefits as a Sr.
Consultant. Marling joined Southern
Company in 2000 as a recruiter for
Southern Company Generation and
Alabama Power. In 2001, he

HR Business Consultant for Engineering and Constructions Services. In 2005, he assumed the same role supporting Competitive Generation, Southern Power and Generation Finance.

Marling earned a bachelor's degree from Atlanta Christian College in Human Resource Management. Originally from Eaton, Ohio, George, and his wife Brandi currently live in Calera, Alabama. They have 5 children Drew, Hannah, Olivia, Ben and Maggie. George enjoys hunting and fishing and college sports.



Retiree Lifestyle Segment Speaker, Frances McGowin, MA, is the Founder and Executive Director of Service Dogs Alabama. An Alabama native, Frances lived in New York City and worked with Ralph Lauren in New York from 1978-1982. In 1982, she moved to Atlanta where she

worked as a Marketing and Sales Associate with Conde Naste fashion publications. Prior to the 1996 Olympic Games in Atlanta, Frances served as the Director of the Georgia Equestrian Training Alliance. She worked with Olympic Equestrian Teams from all over the world for three years leading up to the Centennial Games.

After returning to Alabama in 1997, Frances worked for 14 years with the Alabama Department of Youth Services, Tutwiler and Kilby prisons, the Alabama Department of Human Resources, and the Alabama Department of Postsecondary Education to develop therapeutic and educational programs for at-risk and incarcerated youth, children with special needs, Foster Care children and incarcerated adults.

Frances founded the Dogs On Call Therapy Dog program in 2008 and served as the director of Dogs On Call and K-9s 4 Kids Service Dogs for seven years until Service Dogs Alabama separated from Easter Seals Alabama in 2015 to create its own 501(c)(3). She now serves as Executive Director of Service Dogs Alabama.

Frances is an avid animal lover and has trained dogs and horses most of her life. She holds a Masters degree in Counseling and is also an artist and writer.

July-August Holidays to Remember!!!





Some Facts You May Not Know

- Congress made Independence Day an official unpaid holiday for federal employees in 1870. In 1938, Congress changed Independence Day to a paid federal holiday.
- 2. Only John Hancock actually signed the Declaration of Independence on July 4, 1776. All the others signed later.
- **3.** The Declaration of Independence was signed by 56 men from 13 colonies.
- 4. The average age of the Signers of the Declaration of Independence was 45. The youngest was Thomas Lynch, Jr (27) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was 33.
- **5.** One out of eight signers of the Declaration of Independence were educated at Harvard (7 total).
- 6. The only two signers of the Declaration of Independence who later served as President of the United States were John Adams and Thomas Jefferson.
- **7.** The stars on the original American flag were in a circle so all the Colonies would appear equal.
- 8. The first Independence Day celebration took place in Philadelphia on July 8, 1776. This was also the day that the Declaration of Independence was first read in public after people were summoned by the ringing of the Liberty Bell.
- 9. The White House held its first 4th of July party in 1801.
- 10. President John Adams, Thomas Jefferson and James Monroe all died on the Fourth. Adams and Jefferson (both signed the Declaration) died on the same day within hours of each other in 1826.
- **11.** Benjamin Franklin proposed the turkey as the national bird but was overruled by John Adams and Thomas Jefferson, who recommended the bald eagle.

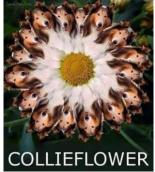
4th of July - Independence Day (Cont'd)



- In 1776, there were 2.5 million people living in the new nation. Today the population of the U.S.A. is 316 million.
- 13. Fifty-nine places in the U.S. contain the word "liberty" in the name. Pennsylvania, with 11, has more of these places than any other state. Of the 59 places nationwide containing "liberty" in the name, four are counties: Liberty County, Ga. (65,471), Liberty County, Fla. (8,276), Liberty County, Mont. (2,392) and Liberty County, Texas (76,571).
- 14. The most common patriotic-sounding word used within place names is "union" with 136. Pennsylvania, with 33, has more of these places than any other state. Other words most commonly used in place names are Washington (127), Franklin (118), Jackson (96) and Lincoln (95).
- **15.** Fireworks are part of the tradition of celebrating this national holiday. The U.S. imported \$227.3 million worth of fireworks from China in 2012. U.S. exports of fireworks, by comparison, came to just \$11.7 million in 2012, with Israel purchasing more than any other country (\$2.5 million).
- **16.** In 2012, vast majority of imported U.S. flags (\$3.6 million) was made in China.
- 17. Barbecue is also big on Independence Day. Approximately 150 million hot dogs and 700 million pounds of chicken are consumed on this day.
- **18.** Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies.
- 19. Traditions place the origins of "Yankee Doodle" as a pre-Revolutionary War song originally sung by British military officers to mock the disheveled, disorganized colonial "Yankees" with whom they served in the French and Indian War.
- 20. The tune of the National Anthem was originally used by an English drinking song. The words have nothing to do with consumption of alcohol but the "melody that Francis Key had in mind when he wrote those words did originate decades earlier as the melody for a song praise of wine."



Puns and Such

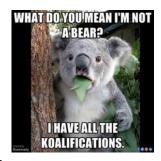








"Bad news, its curiosity"





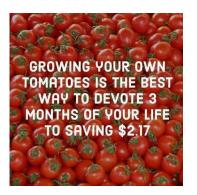
Puns and Such (Cont'd)



A police officer called the station on his radio "I have an interesting case here. An old lady shot her husband for stepping on the floor sh just mopped."

"Have you arrested the woman?"
"Not yet. The floor's still wet."

I finally realized it..
People are prisoners
of their phones
that's why they are
called Cell Phones.







Four times more people speak English as a second language than as a native one.

It's the most widely spoken tongue in the world, with nearly two billion people learning it as a second language and only 350 million people speaking it natively.

The lyrebird can mimic almost any sounds it hears — including chainsaws.

Wildlife watchers have recorded the Australian species copying not only other birds but other animals, like koalas, and artificial sounds such as car alarms and camera shutters.

Elvis only won 3 Grammys.

The King of Rock and Roll had 18 #1 hits in his career, but struck out on 11 of his 14 nominations. The record for the most Grammy wins actually belongs to George Solti, the longtime leader of Chicago Symphony Orchestra, with 31 awards to his name.

Coca-Cola was the first soft drink in space.

The Coca-Cola Company has made more than ten billion gallons of syrup since the formula's invention in 1886 by Atlanta pharmacist John Pemberton. That's a lot of sugar!

Only one NFL team has a plant for a logo.

The New Orleans Saints' fleur-de-lis is actually a stylized lily historically associated with the French monarchy. It's also the state symbol of Louisiana and appears on the Quebec flag.

Not every Model T was black.

For the first few years of production, Ford's famous car came in gray, green, blue, and red. It was only after 1914 that customers could order "any color so long as it is black," as the dark paint dried faster than other hues.

If Facebook was a country, it would have 1 billion more people than China.

At 2.45 billion monthly users, Facebook overshadows China's (1.4 billion) and India's (1.3 billion) populations. Even Instagram has three times as many people as the U.S. now.



(Continued)

You can major in wine at Cornell University.

Technically it's a degree in "Viticulture and Enology" (a.k.a. the cultivation of grapes and the science of winemaking), but we're still sending in our applications.

The Northern cardinal is the most popular state bird.

Illinois, Indiana, Kentucky, North Carolina, Ohio, Virginia, and West Virginia all picked it as their favorite species. The western meadowlark takes second place as the honoree in six other states.

Frank Lloyd Wright's son invented Lincoln Logs.

The famous architect's design for the Imperial Hotel in Tokyo inspired John Lloyd Wright to produce the interlocking log beams on a much smaller scale for kids.

About 700 grapes go into one bottle of wine.

That's approximately 2.6 pounds, if you're wondering how much "fruit" you get when you uncork your favorite red.

Fear of the number 13 is called triskaidekaphobia.

Irrationally scared of clowns? You might have coulrophobia. Oh, and gephyrophobia is a fear of bridges.

A \$1 bill costs 5 cents to make.

According to the Federal Reserve, each buck lasts about six years, and there's about \$1.79 trillion of U.S. currency in circulation right now.

There's a world record for the most world record titles.

It belongs to Brooklyn, New York resident Ashrita Furman, who's held more than 600 Guinness World Records in his lifetime, ranging from heaviest shoes walked in (323 pounds) to most baseballs held in a baseball glove (26).

50 Things Over 50 We Still Love Every Day

From the microwave to The Beatles, what would life be like without these classics?, Excerpts from an article by Peter Moore

Yes, the world has changed radically over the past five decades. Many of America's favorites today would have been unimaginable in 1970. But have you considered how much of our cultural landscape was already with us — and already beloved — 50 or more years ago? Below we salute these super-survivors.

Around the House:

Electric drip coffee maker, 1954 — But Mr. Coffee brought them to homes big-time in 1972. Mr. Potato Head, 1952 — *Toy Story* has ensured

this fave's longevity.

Color TV, 1950 — And adopted by the three networks in 1965.

Tupperware, **1946** — The parties were epically important to its success.

Ice cooler, **1953** — A true landmark in global cooling.

Microwave, **1945** — Beeped into homes in the late '60s. It never left.

Handheld hair dryer, 1920s — The wet head — thankfully — remains dead.

Lego toys, 1949 — From the Danish *leg godt*, which means "play well."

UPS, 1953 — Until drones take over, we'll await the brown truck — nearly every day.

Money:

American Express, 1958 — The first boost to our love affair with debt.

Warren Buffett, 1930 — A \$10,000 investment in him in 1962 is worth \$298 million now.

Getting around:

10-Speed Bicycle, 1960 — A paradigm shift from the 3-speed.

Ford Mustang, 1964 — The everyman muscle car persists!

Skateboard, **1959** — You've made it when the Olympics come calling (summer 2020, Tokyo). **Harley-Davidson**, **1903** — From Brandon to Leno?

50 Things Over 50 (Cont'd)

Health & Wellness:

Sunscreen, 1935 — Slather up; ward off deadly rays.

ChapStick, 1880 — Pucker up!

Entertainment:

Tony Bennett, 1926 — At 94, no plans to retire. **Stevie Wonder, 1950** — Debut album at age 12.

The Beatles, 1962 — Life without them?

Impossible. See the film Yesterday!

Motown songs, 1960s — "My Girl," "I'm Losing You" and many tunes turned out by the

Temptations and other now-revered acts are Detroit's longest-lasting vehicles.

Jeopardy! 1964 — Nearly 10 million people watch every night.

Star Trek, **1966** — In 2020 the Enterprise is back, on CBS' *Star Trek: Picard*.

Spider-Man, 1962 — Big on the web!

Margaret Atwood, 1939 — Her first novel, *The Edible Woman*, 1969, presaged

the *Handmaid* saga.

Green Eggs and Ham, **1960** — Beloved by boomers and their grandkids.

To Kill a Mockingbird, **1960** — We still buy a million copies a year.

Smiley face, 1963

James Bond, 1962 — Sean Connery was the first 007; Daniel Craig (the sixth) returns in *No Time to Die*

Clint Eastwood, 1930 — Good, bad, but never really ugly, right?

Style:

Birkenstocks, 1964 — So ugly, so comfortable; 25 million are sold each year.

Miniskirt, early 1960s — The stock market is said to rise when hemlines do.

Spandex, **1959** — Stretches more than 500 percent.

Chuck Taylor high-tops, 1932 — Perennially cool — think James Dean, the Ramones and Madonna.

Tie-dye, 1960s

Bikini, **1946** — Named after an atom-bomb test site. Still detonating on beaches worldwide.

Ray-Bans — Tom Cruise and other stars have helped bring back retro-cool Wayfarers, 1952, and Aviators, 1937.

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50 Things Over 50 (Cont'd)

Food & Beverage:

M&Ms, **1941** — Still the most popular candy on earth.

Gatorade, **1965** — Led the way to the sports-drink boom.

Subway (the store), 1965 — Currently sells 5,300 subs a minute!

Frozen pizza, 1957 — In 2018, 198 million people indulged!

Big Mac, 1968 — Second in popularity only to — yes — French fries.

Hershey's Kisses, 1907 — Valentine's Day mainstays.

Cheerios, **1941** — Those oat rings remain the top-selling cereal.

Pop-Tarts, **1964** — Named for Andy Warhol's pop art movement.

Cheetos, 1948 — The orange snack was a World War II invention.

Kraft Mac & Cheese, 1937 — About 1 million boxes are sold per day

CORRECTION TO LAST NEWSLETTER

We inadvertently made an error in identifying individuals in a picture from our last newsletter. The picture below is Michael Hill and Ron Bryan (not Ron Campbell). We apologize for the error.



Michael Hill and Ron Bryan

Notes from our Officers, Committee Chairs and Board Members

WE WANT TO HEAR FROM YOU!!

If you know of someone that is sick and doesn't object to their information being shared, please send an email to me at the following address so that we can send them a card and include them in our prayers.

socosncretirees@gmail.com.

Additionally, we love to hear good news!

Patsy Evans, Member Care



We would LOVE to hear from any of our retirees wishing to share with us how they are spending their time now that they have retired (vacations, volunteer work, family time, etc.), or any other items that they would like to share.

Please send your input to us at the following e-mail address. This newsletter is **YOUR** newsletter and we truly appreciate all contributions.

Rick and Charlotte Graham dricharlo@gmail.com

2020 Leadership

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