

Volume 35, March - April 2023 No. 2

Word from the editor:

Remember that this is your newsletter. Make sure information you have that is relevant to all gets to me to be included in the newsletter.

Prez Sez:

Spring......



a favorite season for many, is just around the corner! Enjoy.

We began the year with a retiree meeting on January 10th at the APC Auditorium downtown. We had a lifestyle speaker discuss Elder Law and Estate Planning, and then got an excellent update on the status of the Vogtle 3 startup. The folks attending heard two excellent speakers, but meeting attendance was light. We hope that those that could not attend in January will be able to attend in the future. The APC building may not be as convenient as the Colonnade for some of us, but the facility is nice and there is free parking across the street.

Our next Retiree Meeting is scheduled for <u>March</u> <u>14, 2023</u>, at the APC auditorium. It begins at 1:00

p.m., but you can come early to socialize and eat lunch in the Atrium area with other retirees. We will have speaker and author Bill Norton discuss his experiences in a tribal culture in South Africa during the zenith of apartheid. Our Keynote speakers are from Southern Power. They will brief us on wind and solar and battery storage and the impacts on our net zero goals. We hope you will make plans to be there. We look forward to seeing you there.

Please place on your calendar our Annual Luncheon Meeting at The Club on May 9, 2023. We will have Paula Marino as our Keynote Speaker. Please make plans to attend. We will continue efforts to have quality speakers at all events. They may be from our company or from our community, but always selected to bring us new and relevant information.

Of course, the meeting provides an opportunity to see colleagues and catch up, even if it's only

Want to keep up with what's happening? Got a computer? Visit the SCS Retiree Website http://www.scsretirees.com

Prez Sez (Continued):

for a few minutes. Why not phone a friend or bring a friend who might be interested to our next meeting? Membership is not required to attend. All that you would have invested is time to have a great conversation with an old acquaintance or friend.

A part of the aging process apparently has made me more nostalgic and sentimental. I enjoy 'catching up', and regret not 'catching up' more than before. Just before COVID, an old friend of mine from Vermont started an hour-long Skype call every other month. Reconnecting with him and two other college sidekicks has been terrific. We talk about everything and nothing. It's been great.

Hope to see you soon!

Ken McElroy

DON'T FORGET TO SPRING FORWARD!!!!

When you go to bed on March 11 don't forget to set your clocks ahead one hour. **Daylight** savings time begins on March 12.



FUN FACTS ABOUT SPRING

- ♣ On the first day of spring, a person at the North Pole would see the sun skimming across the horizon, beginning six months of uninterrupted daylight. A person at the South Pole would see the sun skimming across the horizon, signaling the start of six months of darkness.
- ♣ Spring almost always arrives on March 20 or 21, but sometimes on the 19th. The reason the equinoxes and solstices don't always come on the same day is that Earth doesn't circle the sun in exactly 365 days.
- ♣ The first day of spring in the Southern Hemisphere is the first day of fall in the Northern Hemisphere.
- ♣ The first spring flowers are typically lilacs, irises, lilies, tulips, daffodils, and dandelions.
- Easter always falls on the first Sunday after the first full moon after the spring equinox.
- ♣ For the Japanese, the opening of the cherry blossom, Japan's national flower, in March or April signals the start of spring.
- ♣ In the Southern Hemisphere, springtime lasts from August until November.
- Children actually grow faster in the spring than during other times of the year.
- Every year, allergies constitute over 17 million outpatient office visits, mostly in the spring and fall.
- Every year on the first day of spring, people in Poland gather to burn an effigy and throw it in the river to bid winter farewell.
- While some people prefer not to feed birds in spring and summer, during the spring migration a feeder might be a useful source of food for traveling birds.
- ♣ The U.S. spring season is culturally interpreted to be the day after President's Day, which is the Tuesday after the third Monday in February, and ending on the Friday before Memorial weekend.



Celebrate

MARCH - APRIL SCS/SNC MEMBERS' BIRTHDAY LIST

March Birthdays:

- 1 Pam Carr
- 1 Edwin Polke, Jr.
- 2 George McCoy
- 3 David Busby
- 3 Mark Fowler
- 3 Pat Goodman
- 4 John Jansen
- 4 Rusty Williams
- 6 Philip Bartlett
- 6 Denise G. Fant
- 6 Kenneth Horton
- 6 Terry Spinks
- 6 Barbara Varner
- 7 Paul Brasfield
- 7 Linda Katz
- 10 Diane Long
- 12 Harry Durden, Jr.
- 12 Billy Goforth, Jr.
- 12 Bruce Thomas
- 14 Fred Hollis, Jr.
- 14 David Kilcoyne
- 15 Pat Long
- 15 Phillip McCullough
- 16 Martha Cook
- 18 Dan Hines
- 19 Anthony Hankins
- 19 John Meier
- 20 Ronnie Antone
- 20 Ricky A. Collins
- 20 Thomas Ricketts
- 21 Robert M. Moore
- 22 Billy Ball
- 23 Peggy Burdeshaw
- 23 Anne Campbell
- 24 John Horn
- 26 Gail Byrd
- 26 Paul Milton Evans
- 26 Roger Golden

March Birthdays (Cont'd):

- 27 Harry V. Crine
- 27 Sue E. Summers
- 29 Kathy Gayle Etheridge
- 29 Amy Houston
- 29 Barbara Jones
- 30 Steve Logan
- 31 Ken Darby
- 31 Shannon Sampson

April Birthdays:

- 1 Clarence A. Kornegay
- 2 Cathi Alford.
- 3 William Porteous, Jr.
- 3 Tony Steve Tatum
- 3 Ken Turner
- 4 Vicky Garner
- 5 Jim Cofield
- 5 Ramachandra Reddy
- 7 Shirley Dickson
- 8 Charles Brown
- 8 Jan Dyle
- 9 Rebecca Mueller
- 10 Keith Legg
- 10 Devida Moore
- 11 Willie Ballard
- 11 Nancy Carr
- 12 John McCoy, III
- 12 Al Nebrig, Jr.
- 14 Karim Manji
- 16 Paul Miller
- 19 Cynthia Ball
- 19 Dennis Jones
- 19 Brenda Kyle
- 22 Scott Fallon
- 22 Don Irvin
- 22 Lou Ann Kaster
- 23 Sheila McAnnally



April Birthdays (Cont'd):

- 23 Don Walker
- 25 Larry Brunson
- 26 Richard Ellis
- 26 Clyde Edwin Taylor
- 27 James Baldone
- 28 Ronald Bush
- 29 Judith Heatherly
- 29 Mary Jane Marcus
- 30 Bill Garner
- 30 Patricia Jarrel



OBITUARIES

Susan Landers Burns, age 70, wife of retiree Bill Burns, passed away on January 14, 2023. She was preceded in death by her parents Carl Ernest Landers and Gertrude Grogan Landers, and her brother Kerry Eugene Landers. Survivors include her husband William Edward Burns of Birmingham, AL; son Michael Edward Burns (Sarah) of Arlington, Va.; brother, Sidney Alan Landers of Spartanburg, S.C.; five nieces; and four nephews. In lieu of flowers donations may be made to the Alzheimer's Association.

William Edward Burns (Georgia

Power/Southern Nuclear), age 74, passed away on January 25, 2023. Bill was preceded in death by his wife Susan Landers Burns, his father John Milton Burns, Sr., his mother Launa Harris Burns and his brother, John Milton Burns, Jr. Survivors include his son, Michael Edward Burns (Sarah Bryant Burns) Arlington, Va.; sisters Patricia Burns Seifert of Tavernier, Fl. and Launa Christine Burns of Columbus, N.C.; five nieces; and four nephews. Donations in Bill's memory may be made to the American Diabetes Association or the Alzheimer's Association.

Jan Fridrichson, age 65, passed away January 17, 2023. Jan was a longtime member of the Georgia Tech BHM Network and an active participant in its activities. Jan was retired from Southern Nuclear Operating Company. He was preceded in death by his wife Lisa. A celebration of life service will be in early Spring.



OBITUARIES - Cont'd

Dennis Bradford Haynes, (Southern Company Services), age 75, passed away on January 30, 2023. Dennis was preceded in death by his mother, Doris Garrett Haynes. He is survived by his father, Clarence Bookter Haynes, sister Rose Haynes Watkins, brother Ronald Gordon (Judy) Haynes; sons Thomas Bradford Haynes, Brian Edward Haynes (Amy) and Matthew Chace Haynes; grandsons Galen, Nathan, & Davis Haynes; nephew Grant Haynes, & niece Monica Haynes Hartman; grandnieces & grandnephews. Donations in memory of Dennis can be made to the Greater Birmingham Auburn Club Scholarship Fund at thegbac.org or mailed to GBAC, PO Box 660526, Birmingham, AL 35266, payable to GBAC Donor Society.

Sharon C. Miller, age 63, (wife of retiree Paul H. Miller), passed away on February 1, 2023. Sharon is survived by her husband Paul H. Miller, three children, Emily Putman, Olivia McGuire (Drew), and Hastings Miller (Katherine); five grandchildren, James Putman, Eliza Putman, Miriam Putman, Simon McGuire, and Sylvia McGuire, and three sisters, Pam Christian, Jan McCollum and Allison Mears.

Deborah G Vatovec, age 72, wife of retiree Richard Vatovec, passed away on January 19, 2023. Deborah was preceded in death by her parents Delbert and Mildred and her brother Jackson. She is survived by her husband Richard, her sister Fonda Thomas of Beckley, West Virginia, her brother Donald Curtis of Parkersburg, West Virginia, her sister-in-law Margie Kipp and brother-in-law Ed Kipp of Gardendale, AL, as well as numerous nieces and nephews.

Daniel (Dan) Wise, (Southern Company Services), age 88, passed away on January 20, 2023. Dan is survived by his wife, Myrna, two sons, Scot Wise (Joan) of Cumming, Ga, Steven Wise of Kingsland, Ga, and one daughter, Kathryn Kirk of Homewood; nine grandchildren Tonya Wise, Ashley Wise, Erin Wise, Dr, Kevin Wise, Jacob Wise, James Kirk, David Kirk, Max Andrews, and Tally Vodicka (Gabe), and four great grandchildren. Donations in Dan's memory can be made to the Vestavia Methodist Church food pantry as they provide meals to families in need.

FROM FAMILY AND FRIENDS



Dear Community Partner:

Thank you for your contribution of \$1,000 to Hearts in Hands in 2022.

With your help, we improved living conditions for people in our area who do not have the resources to stay safely in their homes. In 2022 we had another recordbreaking year with more opportunities to serve. Volunteers completed 346 critical home repair projects and constructed 58 wheel chair ramps, funded by the generosity of our donors.

As we start 2023, we still have many people waiting for help, We're praying for God's continued provision and leading as we seek to glorify Him in all we do.

Thank you!

Hearts in Hands

Thank you all for your donation to the food pantry in Stokley's honor. Southern Company was his home for many years and I cherish the friends he made there.

You are truly a blessing.

Sandra Morgan



Dear SCS Retirees:

You are making a lasting impact on breast cancer survivors. Thank you for your donation of \$1000 on November 15, 2022. This donation will help care for Alabama breast cancer patients, survivors, and those who love them We are so grateful to be honored by the SCS Retirees and for the ability to tell your group about Forge. Meg enjoyed meeting everyone at the Thanksgiving meeting.

At Forge, we count ourselves as lucky to be able to work with such strong and vibrant individuals, who show courage and grace through adversity each day. Forge was created to walk alongside each person who is affected by breast cancer, providing personalized services, support, and resource. Your contribution continues to make our vital work possible.

Please note that we continue to serve the county as Forge Breast Cancer Survivor Center, but for tax purposes are recognized by the IRS as Forge Survivorship Center. Thank you again for your commitment to Forge and to the breast cancer community,

Lauren Roberts
Executive Director

MARCH RETIREE MEETING

If you were not at our January Meeting you missed two good speakers. Robert Cornelius, an Elder Law and Estate Planning Attorney, was our Lifestyle speaker and discussed the importance of estate planning and wills for the future. Dan Churchman, Southern Nuclear Manager, was our Keynote Speaker and discussed the status and schedule for Vogtle 3&4. Dan also presented current pictures of Vogtle 3&4 that showed the progress that has been made and reflected the changes to the Vogtle site. See details below for our next meeting.

MEETING DETAILS

Date: March 14, 2023

Location: Alabama Power Building Auditorium

600 18th Street North Birmingham, Alabama

(See Parking Lot Access Instructions on page 8)

Time: 1:00 to 2:00 p.m.

Lifestyle Speaker: Bill Norton

Southern Company Retiree

Keynote Speakers: Jessica Metcalf & Brent Barton

Southern Power

LIFESTYLE SPEAKER:

Bill retired after 35 years with Southern Company. Prior to joining Southern Company, Bill was a missionary for two years in South Africa and has written and published a book of that experience

(Sojourn on the Veld). He will be sharing this experience with us.



WILLIAM BOEHMS NORTON

MARCH RETIREE MEETING (Cont'd)

Jessica Metcalf and Brent Barton - Keynote Speakers

Jessica Metcalf



Jessica has been with Southern Power Company since December 2015. She is currently a Senior Engineer in the Commercial Optimization, Trading, & Transmission group where she manages renewable contracts for solar and battery storage projects throughout the western United States. She also has experience in Financial Planning where she created the 10-year financial plan for all Southern Power's renewable fleet. Prior to Southern Power,

Jessica began her career as a Quality Engineer in a Michelin North America manufacturing facility where she managed the implementation of a high-performance tire line. She received her Bachelor of Chemical Engineering degree from Auburn University in 2012 and her Master of Business of Administration degree from Mississippi State University in 2017.

Brent Barton



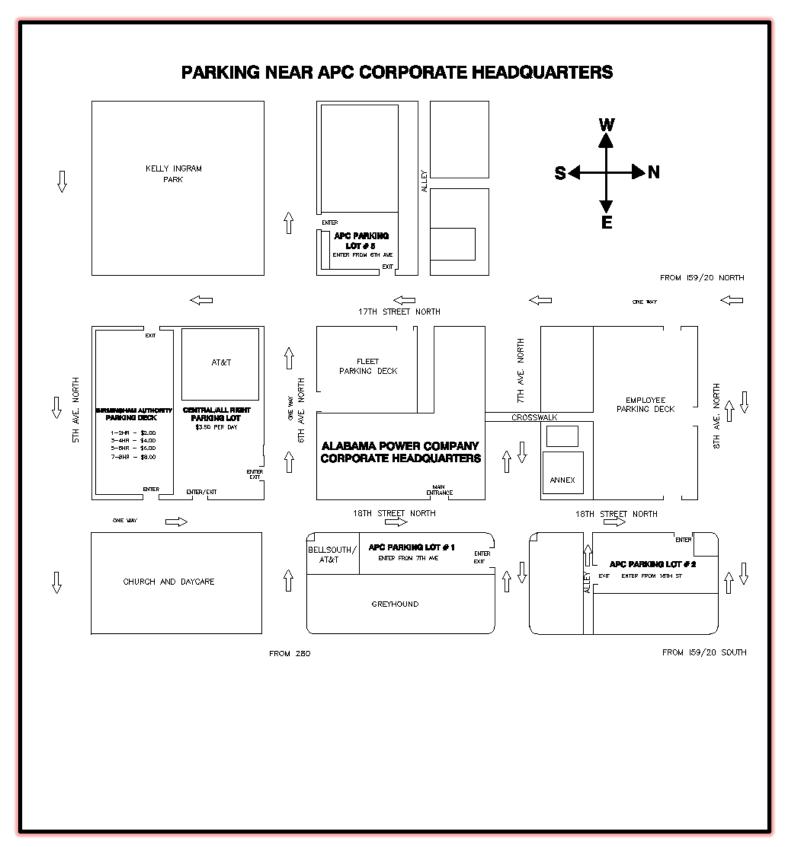
Brent has been with Southern Company since August 2013. He has been in the SPC Commercial Optimization trading and Transmission group since September 2020, managing the commercial contracts for several wind facilities across our fleet. Prior to his time at Southern Power, he worked for SCS in Risk

Control supporting the Southern Company Trading Floor and Alabama Power in the Income Tax Accounting Group. Prior to his career at Southern Company he worked in public accounting for a regional firm here in Birmingham. He received his Undergraduate degree in 2010 and his Graduate degrees in Accounting from UAB. Additionally, Brent is a Certified Public Accountant.

AND, AS A REMINDER

Don't forget our Annual Luncheon Meeting at **The Club on May 9, 2023**. We will have Paula Marino as our Key Note Speaker. Please mark your calendars and make plans to attend.

Parking Lot Access Instructions for the Alabama Power Building



RETIREE SPOTLIGHTS



Submitted by: Ken McElroy

Electric Vehicles Are Charging Forward

There is no shortage of articles on electric vehicles. Here is another one from a retired Southern Company engineer who has always liked cars and motorcycles. It seems the information we get on EVs is either overwhelmingly positive or negative. As I am sure you all know, EVs are neither all bad or all good and still a work in progress. I'll try to address some of the information you've probably seen and hopefully provide a more balanced perspective.

Can the necessary power be supplied by the utility? What is the impact on the grid?

The power can be supplied and the impact on the grid easily managed in most areas of the country. Articles claiming utilities and the electrical grid can't handle the influx of EVs are incorrect. As former utility employees you should know Southern Company will benefit as EV use increases. The larger problem for the company for the last 15+ years has been the drop in load growth, the company's core business. Load growth allows the company to invest in new and better equipment and maintenance practices. Also, it is most common to charge EVs at night when demand is lower. This fits right in with a utility like SoCo and its generation mix.

How difficult are eVs to charge? If my neighbors get eVs also, will I lose power?

Electric Vehicles are no more difficult to charge than your phone and your neighbors can buy eVs, and you will be unaffected. Oat the end of this article is a picture of my home charging station used to charge my Tesla. Basically, I installed a dryer plug (230v) in my garage and the charger is hanging on the wall. I plug the charger into the car. It's all computerized. Unless I tell it otherwise the charger waits until the rates go down and has the car fully charged by 6:00 am. My charger pulls 32 amps and does a great job of charging the Tesla. This charging current draw is about what a single A/C unit or an electric stove will draw. As you can see there is no reason to worry about the power needs of home charging. Likewise, I'm not too concerned about electrical loading if my neighbor puts in a larger A/C unit or installs an oven.

When I bought my first EV in 2016, Alabama Power came out for free and installed a new meter so that I could get a 20 percent discount on any power I use at night.

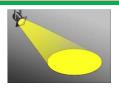
What about Range Anxiety? Won't taking a trip be an issue?

These are real issues and take some adjustment. My first fully electric car was a Nissan Leaf. It was very inexpensive but had a range of about 80 miles. It was fine for commuting, but trips of any length were out of the question. The claimed 300-mile range (more like 225 miles actually) in the Tesla is a game changer. Range anxiety is basically eliminated for everyday driving. Long trips in the Tesla are manageable, but not as easy as with an internal combustion engine (ICE) car. Here is how it works. I charge my car before the trip and put the destination in the nav system. It selects the supercharging station(s) needed along the way and as I get closer ensures there is a charging bay available. Stations are near the freeways and installed in malls and places with restaurants. The newest superchargers can charge my car in about 25 minutes; older stations in about 45 minutes. However, by the time you exit the freeway, charge, and get back on the road it's about 75 minutes. A recent visit (350-mile trip to east Tennessee) took a little over seven hours in the Tesla versus about five hours and 45 minutes in an ICE car.

What about the batteries? Don't they degrade and what if they fail?

I have personal experience with the Leaf and the Tesla batteries. The Leaf battery was air cooled and did degrade 10% or more over five years. Since it already had limited range, it was an issue and that is why I sold it.

<u>RETIREE SPOTLIGHTS (Cont'd)</u>



Submitted by: Ken McElroy (Cont'd) Electric Vehicles

The Tesla system is water cooled and much improved. The car gets over-the-air software updates all the time and it's neat to see the battery maintenance system being "tweaked" by the engineers. It's only a little over two years old, so there is no measurable degradation. Industry experience shows the battery will degrade about 5 percent every 50,000 miles. Battery life spans are reported to be 300,000-500,000 miles. The warranty is for eight years or 100,000 miles. The warranty is for failure, not range degradation. If the battery fails out of warranty, it could cost about \$16,000, or about 50 percent more than cost of replacing an ICE. All in all, the battery is a passive component and very reliable. Longer range means some degradation in battery capacity which is fine and will occur largely unnoticed.

What about all the CO2 it takes to make the batteries and the fact utilities are burning fossil fuels to make the electricity? Are EVs really helping reduce greenhouse gas (GHG) emissions? EVs do help reduce greenhouse gases over their life as compared to ICE cars. However, mining, manufacturing, and disposing of lithium-ion batteries generates significant greenhouse gases. One study I read said the Tesla had to be driven for about 15,000 miles before breaking even with an ICE-powered car. On the positive side, the newest battery designs and manufacturing plants are reducing the required CO2 for manufacturing and increasing the amount of the Li-ion battery being recycled.

As Southern retirees, we know utilities use fossil fuels for many of their generating plants. Southern Company has established a greenhouse gas emission (GHG) goal of net zero by 2050, with an interim 2030 target of 50% reduction from 2007 levels. SoCo has made significant strides in the last 10 years to shift from coal to natural gas, which reduces greenhouse gases. About 30 percent of SoCo generation is nuclear, hydro, solar and other zero or low carbon sources. With the current mix of generation sources at Southern, the electricity used in an electric car generates much less CO2 than an ICE-powered car.

I've included details on the next page comparing GHG emissions of gas and electric cars. Warning – this graphic is for nerds only!!!

Costs

Although the current up front purchase cost of an EV is more than an equivalent ICE car, the EV costs are coming down as they become more mainstream. There are considerably fewer moving parts in an EV and less things to break. Maintenance is minimal. Brakes last a long time because of the use of regenerative braking. The cost of energy for driving the car (home charging vs gas stations) at current electrical rates is about 25% of equivalent miles in a typical ICE car.

My Conclusions

EV technology has come a long way since my 2015 Leaf. If your information about EVs is even from just a few years ago, a lot has changed. This technology is ready for prime time. If you take a lot of long trips and don't want to stop to charge, you should consider a plug-in hybrid.

I am a mechanical engineer and have liked automobiles all my life. So much has changed. The picture on the following page shows two of my cars. On the left is a 1974 Triumph TR6 I have owned since 1980. The electrical system has four fuses; it has a manual choke and no power steering. On the right is a 2021 Tesla Model 3. These are both great cars, but instead of being designed and built primarily by mechanical engineers, the Tesla is a car built by a software company. This is a fundamental change in automobile design. The Tesla has fewer moving parts and improves over time due to frequent over-theair software updates. I do nothing; it happens in the garage overnight. The only service performed on the Leaf and Tesla was tire installation and rotation.

RETIREE SPOTLIGHTS (Cont'd)



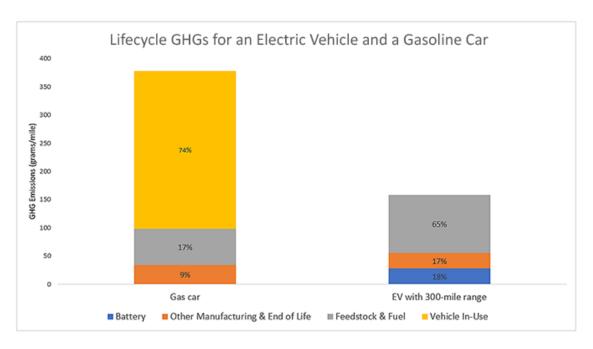


My Tesla Home Charging System – Will this take down the grid?

Submitted by: Ken McElroy (Cont'd) Electric Vehicles



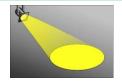
Fifty Years of Automotive Design - A lot has changed



Estimates shown intended to be illustrative only. Estimates represent model year 2020. Emissions will vary based on assumptions about the specific vehicles being compared, EV battery size and chemistry, vehicle lifetimes, and the electricity grid used to recharge the EV, among other factors.

Above, the blue bar represents emissions associated with the battery. The orange bars encompass the rest of the vehicle manufacturing (e.g., extracting materials, manufacturing, and assembling other parts, and vehicle assembly) and end-of-life (recycling or disposal). The gray bars represent upstream emissions associated with producing gasoline or electricity (U.S. mix), and the yellow bar shows tailpipe emissions during vehicle operations.

RETIREE SPOTLIGHTS (Cont'd)







Submitted by: Deb Jennings

I've have had a last minute opportunity come up to move closer to my sister, the only family I have left. I will be leaving to go to Columbia, Tennessee as of April 1st. I apologize to the board members that I served such a short time but I enjoyed going to the meetings that I was able to attend.

I didn't know many of you in SCS/SNC Retirees because I only worked for Southern Nuclear for 10 years starting in 2011 and I think many of you may have already retired by then. It has been my pleasure to meet you and to work with the rest of the board. I have to use an Alabama word here, I wish y'all the best and hopefully, if I have to come back here for any reason, I can work it around coming to a meeting. If any of you are ever near Columbia, Tennessee come by and see me. Rick and Charlotte Graham have my phone number.

My best to you always,

Deb Jennings





to retiree Bill Norton.....

Bill was elected Vice Chairman of the Shelby County Planning Commission on February 4 by a vote of his fellow commissioners.

DATES TO REMEMBER IN MARCH



<u>St. Patrick's Day</u> is celebrated annually on **March 17**, the anniversary of St. Patrick's death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon.



Ramadan for the year 2023 starts on the evening of Thursday, March 23rd lasting 30 days and ending at sundown on Sunday, April 22. Islamic holidays always begin at sundown and end at sundown the following day/days ending the holiday or festival. It is a month of fasting, prayer, giving and self-evaluation observed by Muslims.

DATES TO REMEMBER IN APRIL



Palm Sunday (April 2, 2023) is the Christian holiday that occurs on the Sunday before Easter. This celebration commemorates Jesus' triumphal entry into Jerusalem, mentioned in each of the four Gospels. In many churches, Palm Sunday is observed by the blessing and sharing of palm branches symbolizing the branches placed in front of Christ as he entered into Jerusalem.



Passover (*Pesach* in Hebrew (April 5, 2023) is a Jewish festival celebrating the exodus from Egypt and the Israelites' freedom from slavery to the Egyptians. The Feast of Passover, along with the Feast of Unleavened Bread, was the first of the festivals to be commanded by God for Israel to observe. Commemorations today involve a special meal called the Seder, featuring unleavened bread and other food items symbolic of various aspects of the exodus.

Passover is one of the most widely celebrated Jewish holidays. Along with *Shavuot* (the Feast of Weeks or Pentecost) and *Sukkot* (the Feast of Tabernacles), Passover is one of the three "pilgrimage" festivals in Scripture, during which the Jews were commanded to travel to Jerusalem and observe the feasts together.



Maundy Thursday (April 6, 2023) is the day during Holy Week that commemorates the Washing of the Feet and Last Supper of Jesus Christ with the Apostles, as described in the gospels



Good Friday (April 7, 2023) is observed on the Friday before Easter Sunday. On this day Christians commemorate the passion, or suffering, and death on the cross of Jesus Christ. Many Christians spend Good Friday in fasting, prayer, repentance, and meditation on the agony and suffering of Christ.



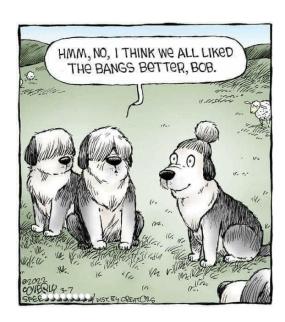
Easter, April 9, is the principal festival of the Christian church, which celebrates the Resurrection of Jesus Christ on the third day after his Crucifixion. The earliest recorded observance of an Easter celebration comes from the 2nd century, though the commemoration of Jesus' Resurrection probably occurred earlier.







- ♣ Age 60 might be the new 40, but 9:00 pm is the new midnight.
- It's the start of a brand new day, and I'm off like a herd of turtles.
- The older I get, the earlier it gets late.
- When I say, "The other day," I could be referring to any time between yesterday and 15 years ago.
- I remember being able to get up without making sound effects.
- I had my patience tested. I'm negative.
- ♣ Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers.
- ♣ If you're sitting in public and a stranger takes the seat next to you, just stare straight ahead and say, "Did you bring the money?"
- ♣ When you ask me what I am doing today, and I say "nothing," it does not mean I am free. It means I am doing nothing.
- ♣ I finally got eight hours of sleep. It took me three days, but whatever.
- I run like the winded.
- ♣ I hate when a couple argues in public, and I missed the beginning and don't know whose side I'm on.
- ♣ When someone asks what I did over the weekend, I squint and ask, "Why, what did you hear?
- When you do squats, are your knees supposed to sound like a goat chewing on an aluminum can stuffed with celery?
- ♣ I don't mean to interrupt people. I just randomly remember things and get really excited.
- ♣ When I ask for directions, please don't use words like "east."
- ♣ Don't bother walking a mile in my shoes. That would be boring. Spend 30 seconds in my head. That'll freak you right out.



Leather is "rated" based on its texture. Cows with abundant water sources typically have softer hides, rated "A". But hides from cows living in hot, dry climates are typically D Hide-Rated.



Laughter - the best medicine

You can walk around
Walmart and eat
grapes and nobody
bother you, but as
soon as you eat a
rotisserie chicken,
here comes security.

today. It was a lot harder to run with a Color TV in 1968.



I ran for the first time with my Fitbit on. It detected me running, and asked if my life was in danger, or if tacos were on sale for \$1 again.

Notes from our Officers, Committee Chairs and Board Members

WE WANT TO HEAR FROM YOU!!

If you know of someone that is sick and doesn't object to their information being shared, please send an email to me at the following address so that we can send them a card and include them in our prayers.

socosncretirees@gmail.com.

Additionally, we love to hear good news!

Patsy Evans, Member Care



We would LOVE to hear from any of our retirees wishing to share with us how they are spending their time now that they have retired (vacations, volunteer work, family time, etc.), or any other items that they would like to share.

Please send your input to us at the following email address. This newsletter is **YOUR** newsletter and we truly appreciate all contributions.

Rick and Charlotte Graham dricharlo@gmail.com

2023 Leadership

Offi	cers
------	------

President: Ken McElroy 205-907-6011 Vice-President: Dennis Madison 912-293-4840 Treasurer: Deanna McCombs 205-915-9448 Secretary: Rick Rice 205-266-6517

Directors

 Jim Blackmon
 205-980-9852

 Fred Ehrensperger
 205-715-9656

 Debby Jennings
 651-675-7008

 Dave Lambert
 205-913-5975

 Teresa McCrillis
 912-293-4247

 Owen Scott
 205-960-4590

 Dave Lisenby (Ex-Officio)
 205-603-9220

Committee Chairs

Arrangements : Sharon Venz 205-482-6836 Mary Romano 205/492-6450 Audit: Dennis Read 205-879-6617

Audit:Dennis Read205-879-6617Fellowship:Nick Santoro205-902-4485Member CarePatsy Evans205-991-7900Membership:Dora Brandt205-956-0502

Newsletter: Charlotte & Rick Graham

205-440-7935 205-807-1890

Nominating: Rick Graham 205-807-1890
Programs: Beverly Lisenby 205-701-4589
Website: Cary Campbell 205-641-9137
E-mail socosncretirees@gmail.com